

## Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right  
with the system full  
of poisons.

Millions of folks bathe internally now instead of loading their system with drugs. "What's an inside bath?" you say. Well, it is guaranteed to perform miracles if you could believe these hot water enthusiasts.

There are vast numbers of men and women who immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This is a very excellent health measure. It is intended to flush the stomach, liver, kidneys and the thirty feet of intestines of the previous day's waste, sour bile and indigestible material left over in the body which if not eliminated every day, become food for the millions of bacteria which infect the bowels, the quick result is poisons and toxins which are then absorbed into the blood causing headache, bilious attacks, foul breath, bad taste, colds, stomach trouble, kidney misery, sleeplessness, impure blood and all sorts of ailments.

People who feel good one day and badly the next, but who simply cannot get feeling right are urged to obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to make anyone a real crank on the subject of internal sanitation.

Just as soap and hot water act on the skin, cleansing, sweetening and freshening, so limestone phosphate and hot water act on the stomach, liver, kidneys and bowels. It is vastly more important to bathe on the inside than on the outside, because the skin pores do not absorb impurities into the blood, while the bowel pores do.

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G. B. ANDERSON, Surgeon and Physician, Surgery a specialty. Office and residence, Brooks House, 128 Main St. Hours: 10 a. m. to 1:30, and 6 to 8 p. m. Phone 246.

DR. E. R. LYNCH, Surgeon, Office, Park Bldg., rooms 1 and 8, telephone 540. Office hours: 9 a. m. to 12 p. m., 1:30 to 5 p. m.; evenings: Monday and Saturday, 7 to 9 p. m. Melrose hospital, telephone 201. 9 to 10 p. m. Residence, 141 Canal St., telephone 177. Sundays by appointment only.

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DR. C. G. WHEELER, Osteopathic Physician, 10 Crosby block. Office hours: 10 to 12 a. m., 2 to 4 p. m. Other hours by appointment. Telephone connections Chestnut Hill.

DR. GRACE W. BURNETT, Physician and Surgeon, Market block, Elliot St. Office hours: 8:30 to 9:30 a. m., 1:30 to 2:30, and 7 to 8 p. m. Telephone, 744-W.

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## PLAN MORE INCOME TAX

Kitchin and Democrats Agree  
on Main Points of New  
Revenue Measure

WAR MUNITIONS TO  
YIELD \$40,000,000

House Leaders Have Been Informed  
That President Will Not Oppose  
Their Plans—Senate Expected to  
Add \$50,000,000 to Defence Measure.

WASHINGTON, March 21.—Majority Leader Kitchin and the other Democratic members of the house committee on ways and means have reached an agreement as to the essential features of the revenue measure to be formulated as a means of financing the national defense program and other additional expenditures to be authorized by the present congress. The points regarded as settled at this time are as follows:

First, \$100,000,000 will be raised by increasing the income tax rates.

Second, a tax will be levied on the manufacture of munitions of war, designed to produce from \$25,000,000 to \$40,000,000.

Third, an additional \$20,000,000 will be raised by levies on inheritances, increases of the internal revenue taxes on beer and whiskey or excises upon selected articles from a list of 25 available objects of taxation which is now being studied by members of the ways and means committee.

Fourth, the stamp tax provisions of the present emergency revenue act, which produced approximately \$40,000,000 last year, are to be repealed.

Congressional leaders consider that the levy of an additional \$100,000,000 upon the nation's incomes is an assured fact. Not only are the Democratic members of the ways and means committee in agreement, but a complete canvass of the Democratic membership of the House has convinced Leader Kitchin and his associates that they will insist upon this means of raising the national defense revenue.

Information has come to the leaders who favor increasing the yield from the income tax that the Wilson administration will not disapprove such procedure. The house leaders have been informed that the President will not oppose the income tax plan, although Mr. Wilson went on record in his message to congress as favoring excises upon pig iron, internal combustion engines and gasoline as proper means of raising the \$95,000,000 which he then thought would suffice to defray the increased expenditures for the coming fiscal year.

The House leaders are convinced, however, that the amount named by the President and by Secretary of the Treasury McAdoo in his annual report will not suffice. The tentative figure fixed upon by Leader Kitchin and the ways and means committee as necessary for the defence program is \$160,000,000. The committee will reserve final judgment on the total, however, until the defence measures and the shipping bill have been passed by the house.

The expectation is that the senate will amend the defence measures so as to necessitate the appropriation of at least \$50,000,000 more than would be required by the house bills. Should this be done the committee probably will have recourse to heavier levies on inheritances, munitions of war and the list of articles which has been formulated as available for taxation.

FINED FOR POLYGAMY.

John A. S. Booth of New York Pleads  
Guilty at Greenfield.

GREENFIELD, Mass., March 21.—The criminal session of the superior court opened yesterday afternoon and three cases were disposed of. John A.

## STOP PAIN MISERY

Remove pain misery as many thousands of others have done, by applying Minard's liniment, an old, reliable prescription. No other remedy acts so quickly or effectively. It is pure and antiseptic, wonderfully soothing, and is the most effective remedy for rheumatic pains, soreness and stiffness of joints and muscles, lameness, sore hands, tired aching feet, pains in chest, sore throat, and for sprains, strains and bruises. You cannot afford to be without it, for its use is never disappointing, and it cannot possibly harm or burn the skin. Do not suffer—get a bottle of Minard's liniment from any drug store.

S. Booth of New York city, who was arrested in the latter part of November for polygamy and who was also indicted under a charge of committing a statutory offense, changed his plea to guilty and was fined \$500 on both counts.

District Attorney Schoonmaker stated to the court that Booth was first married to Miss Florence S. Livingston in Lynn on March 25, 1913, and then on Feb. 6, 1915, he married Miss Gladys Paige Pierce in Greenfield while his first wife was at her home in Maine previous to the birth of her son. The father of Booth has settled \$5,000 upon his grandson, and counsel for both women asked that Booth be fined and not imprisoned.

Fred Brooks of Greenfield was released on probation when it was shown the court that his offense was committed entirely through ignorance. He married his own niece, William W. Woods, an Orange ice dealer, was fined \$10 upon a charge of unlawfully refusing to sell ice. The case was appealed and will be carried to the supreme court, and it is understood that the Massachusetts Ice Dealers' Association plan to make a test case to see if the statute concerning this is constitutional.

## OLD SNOW TAVERN REDUCED TO ASHES

Once Famed Marlboro Hostelry Received Large Patronage in Stage Coach Days—Used by Lumbermen

The old Snow tavern one mile west of Marlboro on the Wilmington road, was burned to the ground yesterday morning. The fire caught in the upper story around the chimney. The building had been occupied the past winter by lumbermen, and two children there yesterday ran half a mile through snow three and four feet deep to give the alarm. By the time help arrived there was nothing that could be done. There was insurance of \$400 on the building in the name of Mrs. Emma Collier Trombley, formerly of Brattleboro, wife of Zabe Trombley, who conducted a summer hotel there the last two or three years.

The hotel was built about 75 years ago by Absalom and Dolly (Basset) Snow for a hotel. Mr. Snow conducted it as a tavern on the stage road between Brattleboro and Wilmington for many years and made it a very popular place for dances and suppers as well as a tavern which the stage coach traveler was glad to reach.

On the end of the big shed where the stage coaches drove in to change horses was the legend "Drive In" which was known far and near as a good thing to do there. In the days before the construction of the Hoosac tunnel there was very heavy traffic over this road and the hotel was very well and favorably known and received a large patronage. After the death of Mr. Snow Mrs. Snow conducted it for a time. Mrs. Emma Collier Trombley has used it the last two or three summers for a summer resort with considerable success.

PEOPLE DECIDE RIGHT.

Brookline Man Thinks General Referendum Law Is Needed.

Editor of The Reformer:—The recent election in this state, in which the direct primary was accepted and prohibition defeated, has demonstrated again that the people will decide important questions right if given the opportunity in the form of a referendum. We now have the direct primary. The very next thing we want and need very badly is a general referendum law. If we could have a referendum on such laws as the one depriving a man of the right to vote because a tax was not paid before a certain date, and on 101 similar obnoxious, discriminating, and one-sided laws passed at every session of the legislature, we would soon be rid of them.

We are taxed by the town, county, and state for two per cent and upwards, and in addition for automobile operators', hunters' and fishermen's licenses. We are taxed to support the U. S. government, and to a far greater extent by every big business in the land which controls the price of a necessity. We are taxed on all sides by increased prices on commodities on account of the European war. Then to be deprived of our vote in this supposedly most advanced country in the world, because we don't trot around fast enough with our taxes, by the men we pay to make our laws in our own state is "rubbing it in some," to say the least.

It may be that in the course of a hundred years at the rate we are progressing we may get some laws by which the average citizen and taxpayer can protect himself to some small extent from incompetent or designing law-makers, by the direct primary, initiative, referendum, recall and votes for women.

Yours truly,  
H. A. HOWE.  
Brookline, March 20, 1916.

## DOINGS OF THE VAN LOONS



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Shea, D. F.  
Young, F. E.  
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WEST TOWNSHEND  
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WINDHAM  
Hawkes, A. F.  
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### EL PASO NERVOUS.

Carranza Troops Between Border and  
Pershing's Force.

EL PASO, Texas, March 21.—Carranza troops, stationed at Casas Grandes and other points of that section at the time Gen. Pershing began his march into Mexico now are located at Juarez, opposite El Paso and in the rear of Gen. Pershing's columns, it was authoritatively stated yesterday. At Fort Bliss comment was withheld on the northward movement of Carranza troops, although it was understood in army circles that the movement was not large.

Gen. George Bell, jr., commanding the troops there, said: "There isn't a reason on earth for anxiety in El Paso. The military is prepared to meet any emergency." Rumors were spread yesterday that machine guns were to be trained on points over the Rio Grande river. At Fort Bliss it was denied that any such action was contemplated. It was authoritatively declared that no reason existed for it. The military has taken only such precautions, it was understood, as would be compatible with the policy of preparedness applied to the entire border by Maj. Gen. Funston. Guns already have been moved to points where they would have greater strategic value if an emergency arose. It is explained, however, that these steps have been taken without any belief that any need for the guns would arise.

Househunters are always sure of game if they have ammunition enough. If all money that was ever tainted were to be put out of circulation there wouldn't be any left.

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## Tax Day—April 1st

Money on deposit in the Brattleboro Trust Company, in either the Savings Department or the Checking Department, is NOT TAXABLE, and need not be returned in your inventory.

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## A Dainty Photo

and as a natural consequence you think of

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